



Personal Safety

This course is intended to provide the knowledge of personal safety required for all personnel working onboard ships. This course is divided into five parts, each one followed by a questionnaire.

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Learning objectives and learner outcomes:

Those who successfully complete the course should be able to demonstrate sufficient knowledge about personal safety to work onboard a ship. This knowledge shall include, but is not limited to:

- Recognising and avoiding fatigue
- Identify hazards onboard
- How to identify human errors and the reasons for them
- The Take Five risk assessment method

Course prerequisites:

The course is open to all seafarers.

Course developer: Eddie Janson - MariTrain AB

System requirements: PC/ Mac with Adobe Flash Player v.9.1 installed and Internet connection.

Estimated time: 3 hours

Price: 220 €

